

C.EX COFFS INTERNATIONAL STADIUM

PROGRAM

TIME	TRACK EVENTS	TIME	FIELD EVENTS	AGE
8.55am	MOVE TO YEAR GROUP AREA AND WALK TO STADIUM	9.35am	Shot put Discus Javelin Long jump/Triple jump	14 yrs 16 yrs 13 yrs 15 yrs
9.20am	Homeroom groups for roll marking Opening Ceremony	10am	TUG-O-WAR	Year 9
9.35am	Marshalling for events commences	10.20am	Shot put Discus Javelin Long jump/Triple jump	12/17+yrs 13 yrs 14 yrs 16 yrs
9.45 am	1500m Finals All ages * boys/girls together	10.40am	TUG-O-WAR	Year 10
10.35 am	200m Finals All ages *places decided on times	11.05am	Shot put Discus Javelin Long jump/Triple jump	13 yrs 15 yrs 12/17+yrs 14 yrs
11.30 am	800m Finals All ages	11.30am	TUG-O-WAR	Year 11
12.20pm	100m Finals All ages	11.50am	Shot put / Discus Javelin Long jump/Triple jump	15 yrs 12/17+yrs 16 yrs 13 yrs
1.30 pm	Year 12 Race	12.15pm	TUG-O-WAR	Year 8
1.40 pm	400m Finals *places decided on times	12.35pm	Shot put/ Discus Javelin Long jump/Triple Jump	16 yrs 14 yrs 15 yrs 12/17+yrs
2.00 pm	Relays (if time allows) *boys/girls together- 17+ first Year 12's leave AFTER relays	1pm	TUG-O-WAR	Year 7
		1.20pm	TUG-O-WAR	Year 12
2.30pm CLEAN UP				
2.45pm RETURN TO COLLEGE				

Conditions -

- Triple jump to take place in the last 20min of the event time slot.
- 4-way TUG-O-WAR is year group based. Best of 3 in the categories of Boys, Girls and 15 best.
- Year 12 TUG-O-WAR to occur immediately before the Year 12 100m race.
- 100m, 200m and 400m event winners will be decided on times if there is more than 1 heat for any age division. There are no finals.